

8.00 – 8.15	Welcome and Introduction	Zahra Kashi, PhD
8.15 – 9.00	Genetics 101 and key terms used in clinical genetics	Corie Edwards, ND
9.00 - 9.30	Understanding the range of Genetic testing options, what are the different types of testing technology and in what clinical situations are they applicable	Zahra Kashi, PhD
9.30 – 10.00	Research’s contribution to the selection of medically relevant risk alleles in Clinical Practice	Angela Knapp, ND
10.00 – 10.15	Leg Stretch and Healthy Snacks	
10.15 – 11.00	Treating the whole patient plus their Genotype, A Foundational Approach to healing and optimal wellness	Corie Edwards, ND
11.00 – 11.30	To eat, or what not to eat, that is the question. How genetic testing can inform diet choices for weight loss and weight loss maintenance	Corie Edwards, ND
11.30 – 12.00	Graceful aging, keeping a body and brain protected, healthy and strong for the next 50 years	Angela Knapp, ND
12.00 – 1.15	Lunch on your own in the Portland sunshine	
1.15 – 1.30	Q&A	
1.30 - 2.00	The devil IS in the details, micronutrient details. How Vitamin D and other key nutrient genes indicate areas of risk	Corie Edwards, ND
2.00 – 3.00	M is for Methylation, how and when to utilize genetic testing to understand of the impact of variants in the methylation cycle	Angela Knapp, ND
3.00 - 3.15	Leg stretch and low glycemic snacks	
3.15 – 4.00	Clinical utility of HLA testing for Celiac and other inflammatory conditions – Dr. Kashi	Zahra Kashi, PhD
4.00 – 4.30	Matches made in Lab Heaven: integrating functional medicine testing with the new field of medical genetic testing	Angela Knapp, ND Corie Edwards, ND
4.30 – 5.00	Case Studies and Q&A Session	